

# Sport Activity around Wednesbury 2016

Sport Wednesbury has been funded by Sport England and local partners to offer activity for residents of that are over the age of 25, please see the current programme of activity.



***This programme is subject to change***

Monday	Activity	Start	Finish	Location	Coach	Cost
	Seated Exercise	11.00	12.00	Wednesbury Town Hall, Holyhead Road, WS10 7DF	Maxine	£2
	Seated Exercise	14.00	15.00	Hill Top Community Centre, Hill Top, B70 0NG	Maxine	FREE
	Ladies Zumba	18.15	19.15	Wednesbury Town Hall, Holyhead Road, WS10 7DF	Emma	£1
	Rounder's (start 18 <sup>th</sup> April)	18.30	20.00	Brunswick Park, Brunswick Park Road, Wednesbury, WS10 9HH	SLT	FREE
Water Polo	20.30	21.30	Wednesbury Leisure Centre, Wednesbury, WS10 7HP	Richard	FREE	

Tuesday	Activity	Start	Finish	Location	Coach	Cost
	Multi Fitness (Term Time)	8.55	9.55	Old Park Primary School, Old Park Road, Wednesbury WS10 9LX	Marion	£1
	Walking Football	11.00	12.00	Friar Park Millennium Centre, Friar Park Road, Wednesbury, WS10 0JS	Albion Foundation	FREE
	Legs, Bums Tums	11.00	12.00	Wednesbury Town Hall, Holyhead Road, WS10 7DF	Sarah	FREE
	Arms Back Chest (start 24 <sup>th</sup> May)	18.00	19.00	Wednesbury Town Hall, Holyhead Road, WS10 7DF	Dan	£1
Netball	18.00	20.00	Brunswick Park, Brunswick Park Road, Wednesbury, WS10 9HH	Kerry	£2	

Wednesday	Activity	Start	Finish	Location	Coach	Cost
	Ladies Zumba	11.00	12.00	Wednesbury Town Hall, Holyhead Road, WS10 7DF	Bree	FREE
	Line Dancing	13.00	14.00		Ray	£3
Badminton	18.30	19.30	Friar Park Millennium Centre, Friar Park Road, Wednesbury, WS10 0JS	-	FREE	

Thursday	Activity	Start	Finish	Location	Coach	Cost
	Seated Exercise	11.00	12.00	Wednesbury Town Hall, Holyhead Road, WS10 7DF	Maxine	£2
	Zumba	17.45	18.45	Friar Park Millennium Centre, Friar Park Road, Wednesbury, WS10 0JS	Emma	£1
	Circuits	18.00	19.00	Brunswick Park, Brunswick Park Road, Wednesbury, WS10 9HH	Dan/ Nat	£1
Water Polo	20.00		Wednesbury Leisure Centre, Wednesbury, WS10 7HP	Richard	FREE	

Friday	Activity	Start	Finish	Location	Coach	Cost
Zumba (Term Time)	9.15	10.15	Moorlands Primary School, Winchester Road, B71 2NZ	Alison	FREE	

Saturday	Activity	Start	Finish	Location	Coach	Cost
Boot Camp	10.00	11.00	Brunswick Park, Brunswick Park Road, Wednesbury, WS10 9HH	Tom/ Nat	FREE	

Sunday	Activity	Start	Finish	Location	Coach	Cost
	Tennis For Free	Summer 2016		Brunswick Park, Brunswick Park Road, Wednesbury, WS10 9HH	Wednesbury Tennis/ SLT	FREE
Jogging Club	9.30	10.30	Scott		FREE	

For more information about the Wednesbury Sport Activator Project please contact on the details below

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